



Blue stands in White's Open Guard. Blue holds the cloth inside White's knees.

Blue hops back, bends forward and pushes White's feet to the mat with his body weight.



Blue pushes White's knees down and leapfrogs over White's knees. Blue continues to push White's knees through his legs to his rear until he clears them.

Blue thrusts his hips forward and drops his knees into top mount.

As Blue attempts the *leapfrog pass*, White defends by pushing up behind Blue's legs in an attempt to throw Blue over his head.

Blue counters by leaning to one side and scissoring his legs. The momentum carries him through a 3/4 turn and into side control.

