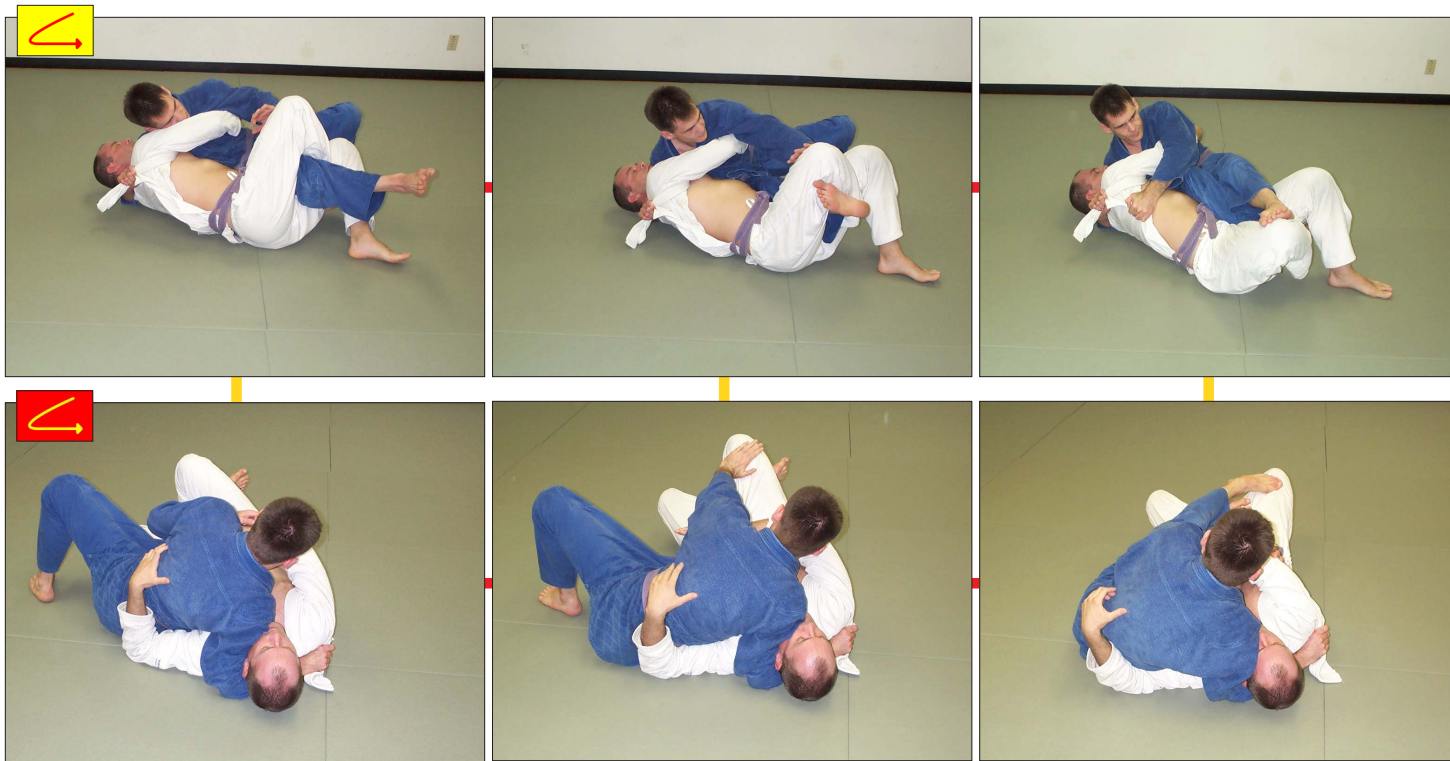


Blue's right leg is trapped in White's half guard. Blue has control of White's head.

Blue switches the arm controlling White's head. Blue grabs the bottom of white's right gi with his right hand.

Blue feeds the gi up and underneath White's right arm. Blue passes the cloth to his right hand, which is underneath White's neck. This traps White's neck and controls his right arm.



Blue now pushes inside White's right knee and begins to pull his right leg free. Notice Blue keeps tight control of White's neck with his right grip.

Blue pulls his right leg out as far as possible.

Blue pushes his left foot inside White's right knee so that he can pull his right foot free.



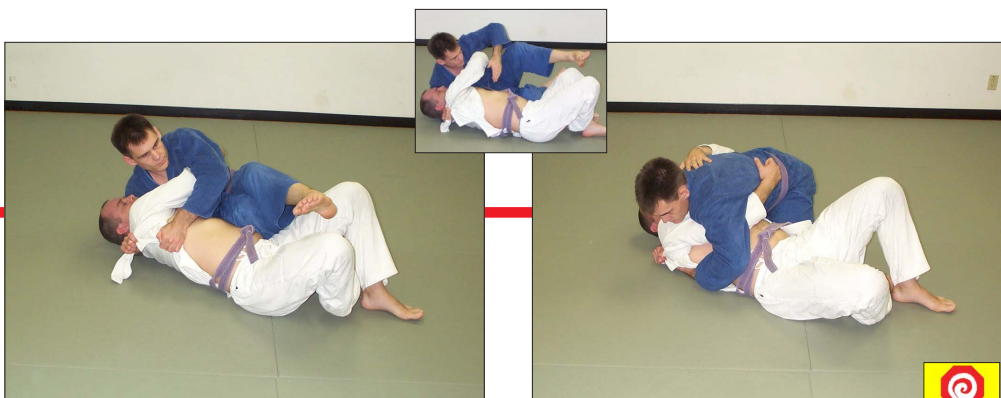
Blue pushes White's head to his left.



Blue lowers his head to the right side of White's head and posts his left hand for base.



Blue pushes off the mat with his left hand and swings his left leg back to White's left side.



Blue pulls his right foot free and puts the foot on the mat outside White's left hip.

Ⓢ Blue never releases his grip on White's gi. The hold is crucial so that White cannot roll over on Blue while Blue is positioned on his side.



Blue twists his hips to his right and moves into side control.